

WEEKLY ACTIVITIES AT HOPE HOUSE



WEEKLY ACTIVITIES AT HOPE HOUSE





Autumn 2024

Autumn 2024



Weekly Activities

All at Hope House unless specified

Hope Drop-In Café: 9.30am - 12pm DROP IN

Community Café, free breakfast (until 10.15), foodbank, befriending and signposting

Job Club: 10am-12pm DROP IN

Job search and CV support for those looking to get back into work.

Literacy Group: 12.30 - 2.30pm (term time only) BOOK AHEAD/CONTACT US

Friendly, informal sessions to improve your English skills.

ESOL classes 12.30-2.30 (term time only) BOOK AHEAD / CONTACT US

Help for those learning English as a second language.

Hope Community Allotment: 9.30am - 12pm BOOK AHEAD / CONTACT US

Volunteer session on our Community Allotment

Parent and Toddler Group: 10.00 - 11.30am (term time only) DROP IN

Play and support session for parents and toddlers

Job Club: 10am - 12pm at Beeston Library, Foster Avenue.

Job search and CV support for those looking to get back into work.

Hope Community Food Club: 12.30 -2.00pm DROP IN

Providing good quality food at low cost to local people. £1 annual membership fee

+£3.50 for weekly food box. (Contact us for further information).

Friendship Club: 2.15-3.45pm DROP IN

Friendship group for older people. Activities/talks etc every other week. Join us for a

cuppa and a chat every Tuesday.

Community Meal: 2nd Tuesday of each month - 6pm SIGN UP / CONTACT US

Join us for a home cooked community meal together — pay what you can. Please

ask/see sign up sheet to confirm date of next event.

Wed Hope Drop-In Café: 9.30am—12pm DROP IN

Community Café, free breakfast (until 10.15), foodbank, befriending and

signposting. Citizen's Advice advisor available for foodbank users.

Step Forward Money Advice appointments available. Computer Club/Job Club: 10am—12pm DROP IN

Help and support with improving your IT skills / job search and CV support

Thu Hope Drop-In Café: 9.30am-12pm DROP IN

Community Café, free breakfast (until 10.15), foodbank, befriending and signposting. Citizens Advice advisor available for foodbank users.

support. Knit and Natter session from 10am

Renew Wellbeing Youth Café: 5—7pm DROP IN

A quiet, safe, reflective space for young people aged 9-14 (contact us for details)

Hope Drop-In Café: 9.30-10.30am DROP IN Sat

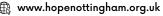
> Community Café, free breakfast (until 10.10), foodbank, befriending and signposting support.

Springs of Life Church: 10am onwards DROP IN

hope@hopenottingham.org.uk

Follow us on facebook:

forward



% 0303 040 1110

Hope House, Boundary Road, Beeston, NG9 2RF

Registered Charity No: 1161248



Weekly Activities

All at Hope House unless specified

Hope Drop-In Café: 9.30am - 12pm DROP IN

Community Café, free breakfast (until 10.15), foodbank, befriending and signposting

Job Club: 10am-12pm DROP IN

Job search and CV support for those looking to get back into work.

Literacy Group: 12.30 - 2.30pm (term time only) BOOK AHEAD/CONTACT US

Friendly, informal sessions to improve your English skills.

ESOL classes 12.30-2.30 (term time only) BOOK AHEAD / CONTACT US

Help for those learning English as a second language.

Tue Hope Community Allotment: 9.30am - 12pm BOOK AHEAD / CONTACT US

Volunteer session on our Community Allotment

Parent and Toddler Group: 10.00 - 11.30am (term time only) DROP IN

Play and support session for parents and toddlers

Job Club: 10am - 12pm at Beeston Library, Foster Avenue.

Job search and CV support for those looking to get back into work.

Hope Community Food Club: 12.30 -2.00pm DROP IN

Providing good quality food at low cost to local people. £1 annual membership fee

+£3.50 for weekly food box. (Contact us for further information).

Friendship Club: 2.15-3.45pm DROP IN

Friendship group for older people. Activities/talks etc every other week. Join us for a

cuppa and a chat every Tuesday.

Community Meal: 2nd Tuesday of each month - 6pm SIGN UP / CONTACT US

Join us for a home cooked community meal together — pay what you can. Please

ask/see sign up sheet to confirm date of next event.

Wed Hope Drop-In Café: 9.30am—12pm DROP IN

Community Café, free breakfast (until 10.15), foodbank, befriending and

signposting. Citizen's Advice advisor available for foodbank users.

Step Forward Money Advice appointments available.

Computer Club/Job Club: 10am—12pm DROP IN

Help and support with improving your IT skills / job search and CV support

Thu Hope Drop-In Café: 9.30am-12pm DROP IN

Community Café, free breakfast (until 10.15), foodbank, befriending and

signposting. Citizens Advice advisor available for foodbank users. support. Knit and Natter session from 10am

Renew Wellbeing Youth Café: 5—7pm DROP IN

A quiet, safe, reflective space for young people aged 9-14 (contact us for details)

Hope Drop-In Café: 9.30-10.30am DROP IN Sat

Community Café, free breakfast (until 10.10), foodbank, befriending and signposting

support.

Springs of Life Church: 10am onwards DROP IN

hope@hopenottingham.org.uk

www.hopenottingham.org.uk

0303 040 1110

Hope House, Boundary Road, Beeston, NG9 2RF

Follow us on facebook:





