



Give in Lent Calendar

Donate food for the 40 days of Lent. Please check to find out the opening times during Lent and to check if there is anything in particular we're running short of. You can find our food bank details here:

<https://eastwestnottingham.foodbank.org.uk/give-help/donate-food/>

5 March

Tinned fruit	1	UHT milk	2	Squash	3	Long life sponge pudding	4
Jam	5	Biscuits	6	Soup	7	Tinned fish	8
Rice	9	Coffee (instant)	10	Cooking sauce	11	Cereal	12
UHT milk	13	Tinned tomatoes	14	Toilet roll	15	Tinned vegetables	16
Custard	17	Long life fruit juice	18	Deodorant	19	Tinned meat	20
Chocolate bars	21	Crackers	22	Shower gel	23	Lentils	24
Instant mashed potato	25	Angel Delight	26	Nappies	27	Custard	28
Crisps	29	Washing up liquid	30	Laundry detergent	31	Tinned meat pie	32
Toothpaste	33	Peanut butter	34	Tinned tomatoes	35	Shampoo	36
Tinned vegetables	37	Tinned potatoes	38	Coffee (instant)	39	Tinned meat pie	40

17 April



INSPIRING AND GROWING COMMUNITIES OF HOPE

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