



# WEEKLY ACTIVITIES AT HOPE HOUSE

INSPIRING AND GROWING  
COMMUNITIES OF HOPE



Summer/Autumn 2023



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# Weekly Activities

All at Hope House unless specified

**Mon Hope Drop-In Café: 9.30am - 12pm DROP IN**  
Community Café, free breakfast (until 10.15), foodbank, befriending and signposting support, Citizen's Advice advisor available.  
**Job Club: 10am-12pm DROP IN**  
Job search and CV support for those looking to get back into work.  
**Literacy Group: 12.30 - 2.30pm (term time only) BOOK AHEAD/CONTACT US**  
Friendly, informal sessions to improve your English skills.



**Tue Hope Community Allotment : 9.30am - 12pm BOOK AHEAD / CONTACT US**  
Volunteer session on our Community Allotment  
**Parent and Toddler Group: 10.00 - 11.30am (term time only) DROP IN**  
Play and support session for parents and toddlers  
**Job Club: 10am - 12pm at Beeston Library, Foster Avenue.**  
Job search and CV support for those looking to get back into work.  
**Hope Community Food Club: 12.30 - 2.00pm DROP IN**  
Providing good quality food at low cost to local people. £1 annual membership fee +£3.50 for weekly food box. (Contact us for further information).  
**Friendship Club: 2.30—4pm DROP IN**  
Friendship group for older people. Activities/talks etc every other week. Join us for a cuppa and a chat every Tuesday.  
**Community Meal: 2nd Tuesday of each month - 6pm SIGN UP / CONTACT US**  
Join us for a home cooked community meal together — pay what you can. Please ask/see sign up sheet to confirm date of next event.

**Wed Hope Drop-In Café: 9.30am—12pm DROP IN**  
Community Café, free breakfast (until 10.15), foodbank, befriending and signposting support, Citizen's Advice advisor available.  
Step Forward Money Advice appointments available.  
**Computer Club/Job Club: 10am—12pm DROP IN**  
Help and support with improving your IT skills / job search and CV support





**Thu Hope Drop-In Café: 9.30am— 12pm DROP IN**  
Community Café, free breakfast (until 10.15), foodbank, befriending and signposting support. Knit and Natter session from 10am  
**Renew Wellbeing Youth Café: 5—7pm DROP IN**  
A quiet, safe, reflective space for young people in Y7-11 (contact us for details)


**Sat Hope Drop-In Café: 9.30—10.30am DROP IN**  
Community Café, free breakfast (until 10.10), foodbank, befriending and signposting support.

**Sun Springs of Life Church: 10am onwards DROP IN**

 [hope@hopenottingham.org.uk](mailto:hope@hopenottingham.org.uk)

 [www.hopenottingham.org.uk](http://www.hopenottingham.org.uk)

 0303 040 1110

 Hope House, Boundary Road, Beeston, NG9 2RF

Follow us on social media:



Registered Charity No: 1161248

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